

# Holistic Restoration with Crissy Keye Rollins

## Intuitive Mindset + Self-Healing Coach for Conscious Entrepreneurs

---

**Group Healing, Clearing, + Alignment Sessions**—These sessions are offered + rotated monthly {2 date/time options per month}

- **Distant Healing Session**—This unique opportunity allows you to connect to your inner self and unlock your personal healing code to balance yourself physically and emotionally. Each session will allow you to clear the blocks that:
  - Stop you from taking action
  - Keep you from receiving
  - Cause you to repeat non-serving patterns in your life

Tap into your innate physical intelligence + decode your unique healing protocol.  
{Available in January, April, July + October}

- **Limited Belief Clearing Session**—Be guided through the process of uncovering the subconscious beliefs holding you back in your life and business! Each session will allow you to:
  - Neutralize limited beliefs
  - Remove your next layer of limited thinking
  - Up-level your life experience

Tap into your subconscious limiting beliefs + learn a repeatable process that keeps your mission moving forward. {Available in February, May, August + November}

- **Authentic Alignment**—The perfect complement to follow your clearing of limiting beliefs, you can now authentically align your energy with the actions you take in your business. Come to this session ready to:
  - Complete a self-audit of your current business structure, offerings, and approach
  - Be guided on how to align your business + energy with your future vision
  - Ensure you are always on track and maximizing your journey!

Bring to this session your current business approach + be guided into clarity on how you can more authentically align your business, offerings + energy with the vision you desire for your life {Available in March, June, September + December}

- **\$33 per session Investment; Free for all Consciouspreneur Mastermind members**
-

**Private Oracle Card Readings:** Oracle readings are a great way to tap practice using your inner guidance, enhance your intuition, and allow deep self-reflection. Sessions can take place by phone or video conference.

- **Introduction to Oracle Readings 3-Card Spread {30-min session}**—Begin to hone your inner guidance and open to deep self-reflection with this mini-session. Great for tapping into clarity, confirmation, and insights for your next step. **\$33 investment; \$22 for all Mastermind Members {Limited time offer!}**
  
  - **Relationship Healing 5-Card Spread {1-hour session}**—Allow yourself to receive more support with this session. Great for revealing clarity, confirmation, and insights around self-healing relationships. This session focuses on:
    - What you believe the relationship represents for you
    - What you must do to have this relationship
    - What your ideal relationship is
    - What you must not compromise in order to have this relationship
    - Who your ideal partner is for this relationship
    - **\$111 investment; \$77 for all Mastermind Members**
  
  - **Your Empowered Month 5-Card Spread {1-hour session}**—This session is perfect for revealing a month's overview of clarity, confirmation, and insights around:
    - What is coming to you, initiated, and created soon
    - New growth, continued actions and results
    - What will come about, be empowered, given most energy
    - What is fading and on its way out
    - What you need to go within and examine to move forward
    - **\$111 investment; \$77 for all Mastermind Members**
  
  - **Deep Dive Oracle Session 11-Card Spread {90-minute session}**—This session covers many areas and gives a great deal of depth and insight around the focus of your choosing. During this experience you will learn more about:
    - Who you are
    - What blocks, issues or themes are currently present
    - What has lead you here + what influences are present
    - Best possible outcome
    - Best action moving forward
    - Perfect session if you ready to deeply self-reflect + sharpen your intuition
    - **\$222 investment; \$177 for all Mastermind Members**
-

---

**The Consciouspreneur Mastermind**—monthly support for Consciouspreneurs committed to moving their mission forward {visit <http://holisticrestoration.com/services/mastermind> for full details}

- **Premiere Membership {\$33/month -or- \$333/year (\$66 savings!)}**
  - Monthly Group Sessions {as described above}
  - Deep Dive trainings—to answer your burning questions
  - Monthly Consciouspreneur Master Series Workshops
  - Access to content typically reserved for my private clients
  - Private Mastermind Community
  - Exclusive discounts on all other services
- **All Access Membership {\$333/month -or- \$3333/year (\$666 savings!)}**
  - All Premiere level benefits {as described above}
  - (2) 1:1 Personalize Integration Sessions per month (30-minutes each) to help you integrate all the great content you receive from the Mastermind

---

**Healing + Alignment Sessions**—This deep dive experience guides you through:

- Connecting to your ideal vision for your life and business
  - Self-identifying what challenges are holding you back from having this be your current life experience
  - Tapping into subconscious limiting beliefs supporting your challenges
  - Limited belief clearing—guided, repeatable process to remove these blocks from your mindset + energy field {private version of group offering}
  - Distant healing—tap into your inner guidance to bring forth your unique personal healing protocol for continued integration of the work we complete together during this session {private version of group offering}
  - Authentic alignment audit—Now that your vision is clear and obstacles removed, this audit will allow your offerings and energy to align with your desired vision in a clear + powerful way {private version of group offering}
  - Oracle reading—to confirm the work we've done together + bring forth any additional insights needed for your journey forward
  - You will leave this session with clarity, confidence, and repeatable processes for facilitating
  - **Completed in (1) 3-hour session -or- (2) 1.5-hour sessions; \$333 Investment; \$222 for all Mastermind Members**
-

**1:1 Intuitive Mindset + Self-healing Coaching Package**—To be considered for selection as a private client, kindly contact Crissy for a complimentary Total Clarity Breakthrough Session. This package includes:

- **(2) 1:1 Transformation Sessions per month (45 minutes each)**—Since every journey is as unique as you are, one-on-one sessions will be customized to best support your individual needs and desires. Once your goal for our time together is set, we'll map out our sessions to ensure we complete our goals. Sessions may take place over the phone or video conference.
- **(2) Deep Dive immersion sessions (2-hours each)**—We'll take your journey to the next level with this extended time together to take the struggle out of a current challenge you are facing. These immersion experience will allow you to immerse yourself into the flow and ease of completing a challenging step of your journey.
- **Success System handouts and supportive materials**—You will receive worksheets, checklists, guides, audios and more to support each step of your journey through this program. All materials will be yours to keep and refer to time and again after your program is complete.
- **Priority Email Support**—As my client, you are a VIP on my list and have access to me around the clock via email to ensure you are never waiting on me to take your next step. All emails will be responded to within 72-hours.

**PLUS, you'll receive over \$3,000 in bonuses!!!**

**BONUS!—Session recap, notes, and recording** (recording sessions is optional)

**BONUS!—(3) “I need a perspective shift NOW!” 10-minute Life Saver sessions**—For those times when you just need to get back on course and cannot wait until our next session. Reach out and I'm here for you!

**BONUS!—Transform Fear into Confidence 5-Day Challenge**—Gain access to this amazing challenge which takes you step-by-step through understanding what is at the core of confidence so you can take the unstoppable action you desire now! (\$77 value!)

**BONUS!—Key to Now audio training**—This hour-long training takes the allusive concept of being in the “now” and breaks it down in a tangible, practical, actionable way so that you can tap into the power only found in the present moment. (\$111 value!)

**BONUS!—(2) e-courses “Living from the Heart” and “Living Your Vision Board”**—Enjoy lifetime access to over 24-hours of training strategically designed to help you shift your life, leverage the unseen aspects of live, and live into you the vision you have for your life. (\$997 value!)

**BONUS!—6-month All Access Membership in the Consciouspreneur Mastermind**—This mastermind is like no other when it comes to the level of support and powerful content being delivered. Connected with like-minded people, participate in monthly group healing sessions, gain access to exclusive deep dive video trainings, and so much more! Visit { <http://holisticrestoration.com/services/mastermind>} for full details. (\$1998 value!)

**Investment: \$3,333 -or- \$5,555 for 1-year support** (\$1,111 bonus savings with year commitment!)

**Payment Plan Option: \$333 deposit + (6) \$555 monthly -or- (12) \$555 monthly with 1-year support** (\$666 bonus savings with year commitment!)